

The Coalition of Geriatric Nursing Organizations

*Representing
28,700 Nurses*

American Academy
of Nursing (AAN)
Expert Panel on
Aging

American Assisted
Living Nurses
Association
(AALNA)

American
Association for Long
Term Care Nursing
(AALTCN)

AANAC
American
Association of Nurse
Assessment
Coordination

Gerontological
Advanced Practice
Nurses Association
(GAPNA)

Hartford Institute for
Geriatric Nursing
College of Nursing
New York University

National Association
of Directors of
Nursing
Administration in
Long Term Care
(NADONA/LTC)

National
Gerontological
Nurses Association
(NGNA)

caring with one voice

For Immediate Release:

Research Supports 4.1 HPRD Minimum Nurse Staffing Recommendation

New York, NY. June 27, 2014 – New [research findings](#) released today by the Coalition of Geriatric Nursing Organizations (CGNO) support CGNO's recommendation of a 4.1 nursing hours per resident (HPRD) minimum. Nurses working in facilities that staff at 4 or more nursing HPRDs are more likely to agree that nurse staffing levels are adequate (71%), compared to nurses working in facilities with lower nursing HPRDs (49%).

Four nursing associations – American Association for Long Term Care Nursing (AALTCN), American Association of Nurse Assessment Coordination (AANAC), National Association Directors of Nursing Administration in Long Term Care (NADONA/LTC), and National Gerontological Nursing Association (NGNA) – partnered to survey their nurse-members about long-term care staffing practices, ratios, and their attitudes toward current staffing levels. More than 1,150 LTC nurses participated in the research survey.

“CGNO has long advocated for better nurse staffing in nursing homes,” explains Diane Carter, RN, MSN, president and CEO of AANAC. “Based on the literature, staffing at 4.1 HPRD improves care outcomes, so we’ve recommended 4.1 HPRD as the minimum staffing level. Now it’s good to know that nurses working in the field instinctually agree that they are able to provide better care with 4.1 HPRDs.”

Only 28% of the respondents report working in facilities that meet the CGNO-recommended 4.1 nurse HPRD. “That only a minority of nursing homes staff at the recommended minimum level is significant cause for concern, especially with the complexity of care required by today's nursing home resident” states Charlotte Eliopoulos, RN, MPH, PhD, executive director of AALTCN. “Evidence from reputable studies and sources, including the Institute of Medicine, confirm that insufficient staffing is related to adverse outcomes for residents, higher costs, and other negative consequences, making it crucial that this issue be improved.”

[About CGNO](#)

Representing more than 28,700 nurses, the Coalition of Geriatric Nursing Organizations is comprised of eight leading associations representing nurses who provide geriatric care in a variety of clinical settings. CGNO is coordinated through the Hartford Institute for Geriatric Nursing (HIGN) at New York University College of Nursing. For more information, please contact Sarah Burger, RN, MPH, FAAN, coalition coordinator at (202) 319-2611.

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